



new forest aikido

are proud to welcome



Sensei Tony Sargeant - 6th Dan Aikikai Saturday 4th August

Ringwood Health and Leisure,
Parsonage Barn Lane, Ringwood, BH24 1PX
11:30 - 17:30 (11:30 - 11:45 registration)

Seminar Fee: £30

- All Aikido organisations are welcome
- Please bring Bokken and Jo
- Valid insurance required
- No video recordings will be allowed without the consent of the leisure centre

For more details visit www.newforestaikido.co.uk
Alternatively contact Terry Young on 07972471392
or email youngsstrathmore@gmail.com