

GRADING SYLLABUS - TAIJUTSU

- ① Tachiwaza (standing technique)
- ② Suwariwaza (kneeling technique)
- ③ Hanmihandachiwaza (one standing, one kneeling)

Kihon and Kinonagare - Unless stated otherwise below, techniques should be demonstrated in kihon up to 3 kyu. From 2 kyu a Candidate should be prepared to demonstrate techniques in both Kihon and Kinonagare

Where it says '3 simple attacks' it is suggested that these are chosen from Shomenuchi, Katatedori, Ryotedori, Kosadori and Tsuki, and the Candidate should be familiar with all these forms.

	TAINOHENKO	KOKYUHO	KOKYUDOSA	UKEMI	IKKYO	NIKKYO	SANKYO	YONKYO	GOKKYO	ROKKYO	SHIHO-NAGE	KOTE-GAESHI	IRIMI-NAGE	TENCHI-NAGE	KAITEN-NAGE	KOSHI-NAGE	KOKYU-NAGE	JIYU-WAZA
6 KYU	Kihon ①		Grip on backs of wrists (kihon) ②	Ushiro (solo)	Shomenuchi Omote + Ura ①							Kosadori Ura ②						
5 KYU	Kihon and kinonagare ①	Katatedori Kihon ①	Kihon ②	Mae & Ushiro	Shomenuchi Omote + Ura ①②							Katatedori Omote + Ura ①						
					Katatedori Omote + Ura ①													
4 KYU	Kihon and kinonagare ①	Morotedorori Kihon ①	Kihon ②		Katatedori Omote + Ura ①②	Shomenuchi Omote + Ura ①						Katatedori Omote + Ura ①②			Shomenuchi Kihon ①			
					Katadori Omote + Ura ①													
3 KYU	Kihon and kinonagare ①	Morotedorori Kihon ①	Kihon ②	High fall (assisted)	Katadori Omote + Ura ①②	Shomenuchi Omote + Ura ①②	Shomenuchi Omote + Ura ①					Kosadori Omote + Ura ①	Shomenuchi Ura ①		Katatedori Gedan, Chudan & Jodan ①		Katatedori & Soto Uchi ①	
		Katatedori Moving ①			Ryotedori Omote + Ura ①	Katatedori Omote + Ura ①	Katatedori Omote + Ura ①						Tsuki Ura ①					
2 KYU	Kihon and kinonagare ①	Morotedorori Kihon ①	Kihon ②		Ryotedori Omote + Ura ①②	Katatedori Omote + Ura ①②	Shomenuchi Omote + Ura ①	Shomenuchi Omote + Ura ①	Yokomenuchi Ura ①			Shomenuchi Omote + Ura ①	Shomenuchi Ura ①②	Katadori Kihon ①				
					Ryokatadori Omote + Ura ①	Katadori Omote + Ura ①	Katatedori Omote + Ura ①②	Katatedori Omote + Ura ①					Tsuki Ura ①②	Tsuki Kihon ①				
							Katadori Omote + Ura ①											
							Ryotedori Omote + Ura ①											
							Yokomenuchi Omote + Ura ①											
1 KYU	Kihon and kinonagare ①	Morotedorori variations (Kihon, lifting, pulling down, twisting) ②	Kihon, plus hold on top plus hold underneath ②	High fall (from technique)	Ryokatadori Omote + Ura ①②	Katadori Omote + Ura ①②	Katadori Omote + Ura ①②	Shomenuchi Omote + Ura ①②	Yokomenuchi Ura ①②	Katatedori Ura ①	Ryotedori Omote + Ura ①				Yokomenuchi Kihon ①		2 forms of attack	
		Katatedori Moving ①			Yokomenuchi Omote + Ura ①	Yokomenuchi Omote + Ura ①	Ryotedori Omote + Ura ①②	Katatedori Omote + Ura ①②				Tsuki Omote + Ura ①		Two other attacks (from Shomenuchi, Katatedori, Katadori & Tsuki) ①				
							Yokomenuchi Omote + Ura ①②	Katadori Omote + Ura ①										
								Yokomenuchi Omote + Ura ①②										

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1 DAN	Kihon and kinonagare ①	Morotedorori variations ①	Grip on backs of wrists (kihon) ②		Shomenuchi Omote + Ura ①②	Shomenuchi Omote + Ura ①②	Shomenuchi Omote + Ura ①②	Shomenuchi Omote + Ura ①②	Yokomenuchi Ura ①②	Tsuki Ura ①	3 simple attacks* Omote + Ura ①	3 simple attacks* Omote + Ura ①	3 simple attacks* Gedan, Chudan + Jodan ①	Ryotedori Kihon ①	3 simple attacks* ①	3 simple attacks* ①	3 attacks plus 1 ushiro (all kinonagare) ①	30 seconds with two attackers	
2 DAN	Kihon and kinonagare ①	Ryotedori Uchi & Soto ①	Kihon, plus hold on top plus hold underneath ②		Katatedori Omote + Ura ①	Katatedori Omote + Ura ①	Katatedori Omote + Ura ①	Katatedori Omote + Ura ①	Shomenuchi Ura ①②	Shomenuchi Ura ①②	Katatedori Omote + Ura ①	Ryotedori Ura ①	Morotedorori High to Low and Low to High ①		Ryotedori Uchi & Soto ①	Morotedorori Head under (x1) and Hip under (x2) ①	Morotedorori Head under (x1) and Hip under (x1) ①		
					Ryotedori Omote + Ura ①②	Ryotedori Omote + Ura ①	Katadori Omote + Ura ①②	Katadori Omote + Ura ①②			Katadori Omote + Ura ①	Yokomenuchi Ura ①	Yokomenuchi Kihon ①②			Ushiro Ryotedori ①	Ryokatadori (2 techniques) ①		
					Ushiro Ryotedori Omote + Ura ①	Ushiro Ryotedori Omote + Ura ①	Yokomenuchi Omote + Ura ①②	Yokomenuchi Omote + Ura ①②			Yokomenuchi Omote + Ura ①②		Ushiro Ryotedori Kihon ①			2 other attacks of the Candidates choice ①	Yokomenuchi (2 techniques) ①		
																	Ushiro Ryotedori (2 techniques) ①		
3 DAN	Kihon and kinonagare ①	Yokomenuchi, Katatedori, Kosadori and Tsuki ①	All variations		Katadori Omote + Ura ①	Katadori Omote + Ura ①	Katadori Omote + Ura ①	Katadori Omote + Ura ①			Katatedori Omote + Ura ①	Katadori Ura ①	Katadori High to Low and Low to High ①		Ushiro Ryotedori Uchi ①	All six forms from Morotedorori ①	Ninin-dori techniques two ①	30 seconds with three attackers ①	
					Ushiro Ryokatadori Omote + Ura ①	Ushiro Ryokatadori Omote + Ura ①	Ushiro Ryokatadori Omote + Ura ①	Ushiro Ryokatadori Omote + Ura ①			Ryotedori Omote + Ura ①	Ushiro Ryotedori Ura ①			Yokomenuchi Soto ①		30 seconds with three attackers ①		
4 DAN	Kihon and kinonagare ①	Yokomenuchi, Katatedori, Kosadori and Tsuki ①	All variations		Candidate to show a variety of 6 basic technique with Henkawaza.														
					2 x Kaeshiwaza							2 x Kaeshiwaza			2 x Kaeshiwaza			30 seconds with three attackers ①	30 seconds with three attackers ①